

stoke
mandeville
spinal
research...

improving
quality of
life after
paralysis

Crafty Neurons!

KNIT CROCHET CRAFT

with Stoke Mandeville Spinal Research
and the National Spinal Injuries Centre

INFORMATION PACK

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*We'd love to acknowledge all the neurons sent to us,
so please complete the Registration Form provided.
Don't forget to send your name and address and please
give us permission to hold your details and tell us how
you heard about the campaign.*

To make a donation online, please visit
<http://justgiving.com/smsr-craftyneurons>

To download the Crafty Neurons Patterns
Pack, please visit:
www.lifeafterparalysis.com/craftyneurons

All neurons can
be sent to:
Crafty Neurons, SMSR,
National Spinal Injuries
Centre, Stoke Mandeville
Hospital, Aylesbury,
Bucks, HP21 8AL

Deadline:
23rd November


Buckinghamshire Healthcare
NHS Trust



"As someone with limited use of my hands, I hope SMSR continues to prioritise hand function in its research as it is such a huge part of being independent.

Crafty Neurons will be great for people who can use their hands, and hopefully raise money for those of us who struggle"

Kat Panagaki, SMSR Ambassador

About Stoke Mandeville Spinal Research

Our mission is to improve the quality of life for people living with spinal cord injury by tackling the day to day complications of paralysis.

Our research is driven by people living with paralysis and is focused on:

- Alleviating chronic complications, such as pain, pressure sores and urinary tract infections
- Developing the latest assistive technologies to improve neurorehabilitation
- Enabling people with spinal cord injury of all ages to realise their full potential in life

We rely on donations to fund our research and would be so grateful for any support:

Fundraising Ideas to help us carry out more research:

Afternoon tea/Coffee Morning/Bake Sale – A great way to raise some money at work, school, home or at a local venue. Get your friends/colleagues involved and it can be a great fundraising initiative – who doesn't love tea and cake?

Girls Night In – A really simple initiative, invite your friends over and have a fun night in, then ask for donations of the amount they'd usually spend on a night out!

Challenge Events – If you're the sporty type (or even if you're not) challenge yourself by signing up for a Marathon, Half Marathon, Trek, Bike Ride, Tough Mudder or skydive and get sponsored along the way!

Open Garden – If your garden is looking particularly beautiful this summer, why not open up your doors (for an entry fee) and host an open garden. It's also a great opportunity to tie in with a bake sale or tea.

Quiz Night – Any venue is suitable for a quiz night! Host the event yourself then asks guests to pay to play; it can prove a lot of fun and a great money-maker!

**IF YOU WOULD LIKE TO MAKE A DONATION ONLINE, OR BECOME A
REGULAR SUPPORTER, PLEASE DO SO AT**

www.justgiving.com/smsr-craftyneurons

Please return one of the below forms to: **Crafty Neurons, c/o Stoke Mandeville Spinal Research, National Spinal Injuries Centre, Mandeville Road, Aylesbury, HP21 8AL**
Or email it to: craftyneurons@smsr.org.uk

I've crafted some neurons and would like to help SMSR with a donation:

I would like to make a donation of: £

(Please tick as appropriate)
I enclose: a cheque* cash

OR
I have made/will make a donation by: BACs Transfer** Just Giving***

Name: _____

Address: _____

Email: _____ Telephone _____

Number of knitted neurons enclosed: _____

I agree to OPT IN and accept you will hold my details on a secure database. _____ (tick)

I am a UK taxpayer and understand that if I pay less income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations, it is my responsibility to pay any difference.

giftaid it
I would like to enhance my donation through Gift Aid.

Signed: _____ Date: _____

* Cheques payable to Stoke Mandeville Spinal Research
** BACs: 20-03-18 40286885 ***Just Giving: www.justgiving.com/smsr-craftyneurons

I've crafted some neurons and would like them to be part of the final display:

Name: _____

Address: _____

Email: _____

Telephone: _____

Number of Neurons enclosed: _____

Please tick to hear more about our fundraising initiatives or research. I understand I can opt-out any time and that my details will be kept on a secure database and never passed on to anyone else.